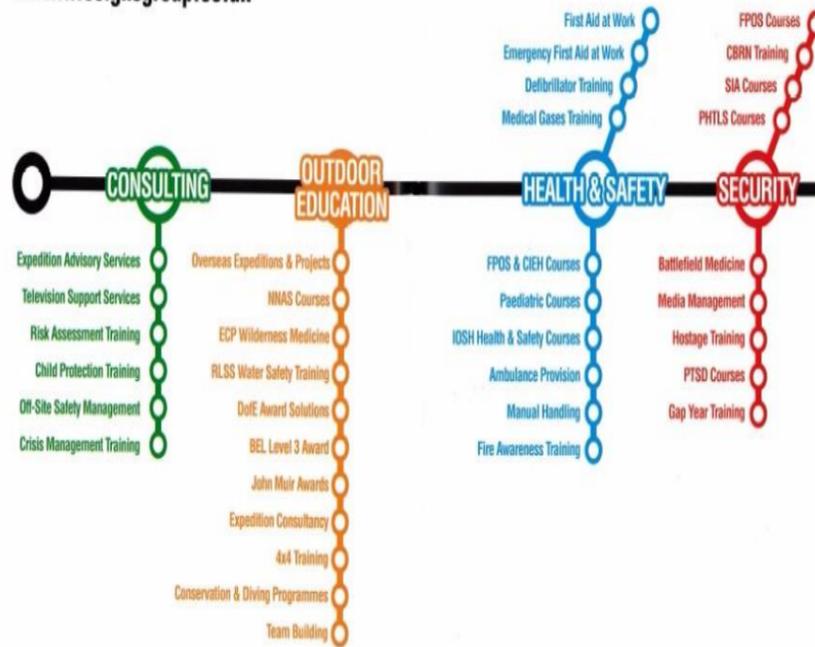




www.lifesignsgroup.co.uk



Coral Cay Conservation is Bigger than You Think!

It's come to our attention in recent months that many of the volunteers that join us are unaware of the wider family ([The Lifesigns Group](http://www.lifesignsgroup.co.uk)) that surrounds the Coral Cay Conservation organisation. As a result, we can't help but feel that we aren't really allowing you guys the chance to take full advantage of the many courses and expedition experiences that The Lifesigns Group has to offer. So, it's time to change the way we do things slightly and give you guys a behind the scenes look at the group as a whole.

The Lifesigns Group is the umbrella company of a host of organisations such as: [Adventure Lifesigns](#), who specialise in group community based expeditions, adventure races and active travel opportunities to the world's most impressive mountainous regions. [Medical Lifesigns](#), who provide a huge range of medical, and health and safety training courses, and last but certainly not least [Risk Lifesigns](#), providing you with the skills needed to work in hostile environments. The latter is obviously intended more for war journalists and media but for all you nine to fivers why not get off the beaten track on holiday next year? Give something back and help build a classroom for a school in Nepal, or test your limits and climb Everest!

We can't wait to use this newsletter as a chance to tell you all about what's happening with The Lifesigns Group, starting from nnnnnnow!



Field Base Manager, Olly McGuinness, proudly shows off his planting skills.



One of the beautifully colourful Marrakech outdoor markets.

Coral Cay Conservation

The staff and volunteers on our Philippines site have been showing off their green fingers recently by joining the Provincial Greening Program. The aim is to have every person in Southern Leyte plant a tree, thereby helping to combat climate change.

This campaign has been taken to heart by the current Province officials and Southern Leyte's Governor, Roger Mercado has particularly pushed it forward. Governor Mercado's motto is "One man, one tree can make a forest". The campaign is part of a three part approach to mitigate natural disasters and improve environmental protection, with the other programs focusing on Coastal Fisheries Management, and Ridge-to-Reef Monitoring, right up CCC's alley!

The Provincial Greening Program is an ambitious campaign but it's amazing what can be achieved when an entire community comes together. CCC are proud to be a part of it. We are sure each Southern Leyteño will prove the old adage true "If you think you are too small to be effective, you have never been in bed with a mosquito!"

Recent Events

It has been a crazy busy time at Adventure Lifesigns recently with the school group season just coming to a close. Our most recent group hailed from an all girls' school in the UK and were eager to stretch their legs in the Atlas Mountains, and absorb the culture of Morocco.

The biggest challenge for the girls was to climb the Atlas Mountains highest peak, Toubkal. With an elevation of over 4,000 metres this hike is no mean feat and sadly on the day the weather was against them. Although they did not reach the peak the girls were in good spirits particularly after they were treated to some incredible views of the mountain ranges.

After all that hard work some relaxing was in order, with a well-deserved trip to a Hammam spa, and on to soak up the sights and sounds of the Marrakech outdoor markets. Anyone who has visited Morocco before knows these markets are not to be missed with their rows of colourful cloth and snake charmers!

That's the school season over for this year, bring on 2016!

Future Events

Charlton Chase - Sat 30th - Sun 31st January 2016

The Charlton Chase is an overnight event based in the Charlton forest at Seaford College, and is run annually by Adventure Lifesigns. If you are aged between 15 and 21 this is your chance to challenge your navigational and team work skills whilst working in the darkness of night! Last year saw 90 teams of 4 take part in what was a fantastic event. At only £48 per team this is the perfect opportunity to hone your skills whilst bonding as a team. Visit [Charlton Chase](#) for further information.

Offer of the month!

Are you a teacher or lecturer? A youth group leader? A scoutmaster or Brownie Leader? If the answer is yes then you should join Lifesigns' next Off Site Safety Management Course (OSSM). All newsletter readers can benefit from a 15% discount!

The 2 day [OSSM](#) course is designed expressly for leaders who need to manage and evaluate off-site safety policies, procedures and activities. Perfect for anyone who is intending on taking children/young adults on field trips, sport away events, or on organised activities. Lifesigns will be holding the next course on the 12th and 13th November in The Wirral. To book onto the course or for further information contact Pauline Lodge on ukoperations@lifesignsgroup.co.uk, and just mention the newsletter to claim your discount!

Terms & Conditions: Offer applies to the OSSM course scheduled for the 12th & 13th November only. Offer is subject to availability and can only be redeemed at time of booking. This offer cannot be combined with any other offer. This offer has no monetary value and no cash or product alternative will be offered.