



### CCC Kick off the Maasin Parade with a Game of Footie!

Each year [Coral Cay Conservation](#) (CCC) grabs the opportunity to join the community of Maasin for their Anniversary Celebration Parade, which is held in honour of the founding of Maasin in 1960. This year in addition to featuring in the parade, the CCC Philippines team were challenged to a friendly football match. This was a proposition which the team on site couldn't resist, even if they were rather unprepared, lacking in any of the required equipment and with only 8 players to Maasin's 19! The Maasin team very sweetly took pity on CCC and offered their star keeper to help defend the CCC net. What the CCC team lacked in numbers they made up for in enthusiasm and although it wasn't enough to win the game a shout out definitely has to go to volunteer, Alex Wady, who, assisted by Science Officer Maryann Watson, scored an impressive goal at the end of the last half. The Maasin team were apparently excellent players but CCC were even more impressed with their sportsmanship and generosity throughout the match.

If you would like to read more about the events at the parade check out the [CCC blog](#) for further details.



Mangrove restoration project, Molopolo Fish Sanctuary. ©Gareth Turner



The team gather around the fire at the end of a day's hard work

### Coral Cay Conservation

Last month volunteers and staff from the Philippines' site jumped at the chance to snorkel at one of the most established MPAs in the region, the Molopolo Fish Sanctuary. The sanctuary is a wonderful example of a successful MPA and has won numerous awards for the quality of its marine protection and biodiversity.

### Recent Events

[Adventure Lifesigns](#) have been super busy the last couple of months, as with the weather warming (sort of!), it is the season for team building. Their last session took them to an activity centre in Surrey where they worked with a group of approx. 160 thirteen year old girls from a Greater London based high school. The session was designed to help the students bond,

This MPA is home to a beautiful reef with sea urchins, stingrays and even black-tipped reef sharks, but perhaps its main claim to fame is the sea grass beds which line the edge of the coast. Sea grass beds provide the perfect habitat for a variety of juvenile marine species, acting as a nursery to protect them before they venture out onto the reef or into open water.

As can be seen in the photo above this sanctuary is also working on a mangrove restoration project, by replanting small mangrove trees along the shoreline. Once grown, Mangroves are like body guards in plant form, offering protection to species hiding from predators, and preventing coastal erosion by breaking up large waves from storm surges.

The CCC team were blown away by the beautiful sanctuary and it was a treat for all to see what their data collection can contribute to in the Philippines.

improve their team working skills, learn about each other and themselves, and last but certainly not least have fun!

The students were divided into 14 teams, with each team getting to take part in all of the activities and benefiting from the facilities at the centre. Cue four days of: woodcraft, fire lighting, caving, high-ropes, shelter building, canoeing and archery. Each night the students would settle into their tents for a good night's sleep before jumping in to the next day's challenges!

The week was rounded off with a camp fire on the final night, with each tent group taking turns to give a performance to the rest of the students. These consisted of songs, dances, acting and games interspersed with lots of giggling and supportive cheering from all involved. These weeks can be quite tiring for all involved but the staff were really impressed with the student's perseverance and hard work, a great way to end the season!

### Future Events

In September 2016 [The Lifesigns Group](#) will be holding a couple of courses that will be extremely useful to any teacher or youth group leader who will be leading teams on off site visits, be that a day trip or a month long expedition. Both courses will be held at our Head Office in Surrey, England. These courses are:

- ECP Exploration Medicine course - 24th - 25th September 2016
- Off Site Safety Management course (OSSM) - 26th - 27th September 2016

The two day [ECP Exploration Medicine course](#) is an intermediate medical training course created for leaders working in remote conditions. It covers a vast array of subjects as standard, such as primary/secondary assessment, bleeding, fractures, spinals etc. and time is allowed to cover any specific difficulties that leaders feel they may face.

The two day [OSSM course](#) is designed to teach leaders how to correctly assess risks in a host of situations, and give them an understanding of the safety systems and statutory requirements that must be put in place when planning trips.

Just follow the links above if you would like to book onto a course, places are subject to availability. For more information contact the UK Operations Coordinator, Pauline, on [ukoperations@lifesignsgroup.co.uk](mailto:ukoperations@lifesignsgroup.co.uk).

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### Offer of the month!

We have a rather generous one for you this month! Anyone who books on for at least two weeks on a Coral Cay Conservation expedition gets one additional week free! To take advantage of this special offer just mention 'NewsletterJuly16' in the message section of the [booking form](#).

Terms & Conditions: Offer applies to Coral Cay Conservation expeditions only. Expedition duration must be two weeks or longer (not inclusive of free week). Expedition must take place within 2016. Offer expires 8th August 2016. Offer is only redeemable through mention of 'NewsletterJuly16' on the booking form. Offer cannot be combined with any other offer. This offer has no monetary value and no cash or product alternative will be offered. Usual CCC expedition [Terms and Conditions](#) apply.