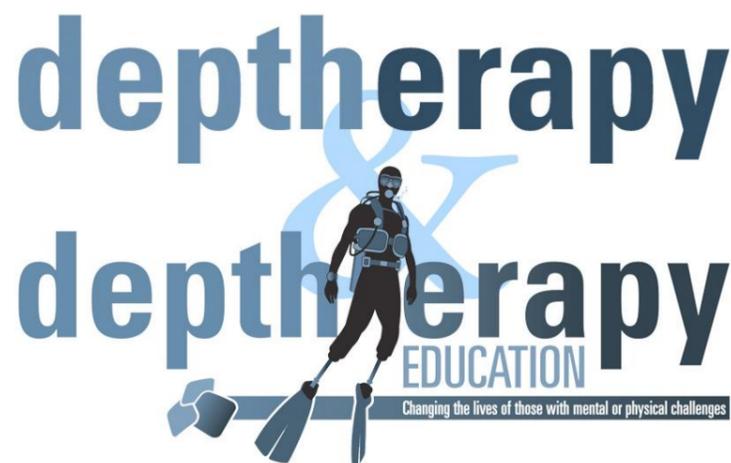




Heads up subscribers! Due to the new General Data Protection Regulations (GDPR) coming into force on the 25th May we will shortly be sending you an email asking you to resubscribe.

Unless you click 'YES' we will be forced to remove you from the newsletter and all of our records for all time! So, if you want to keep up to date with all of our latest news, and gain access to special offers, only available via the newsletter, keep your eyes peeled for our next email, and make sure you click "YES, keep me updated"!



Coral Cay Conservation Join Forces with Depththerapy!

We are very proud to announce that we will soon be joining the rehabilitation charity, [Depththerapy](#), to assist them with a very exciting training project. Depththerapy are a UK based charity specialising in the "rehabilitation of UK armed service personnel, who have suffered life changing mental or physical injuries, through the medium of scuba diving". Coral Cay Conservation's (CCC) CEO, [Alistair Cole](#), has been a patron of Depththerapy for a number of years, so when they were in need of a marine biologist, he had the perfect organisation in mind for the job :)!

In May, CCC's Head of Science, Tom Dallison, will be heading out to Roots Red Sea, Hurghada, to lead a training programme designed to prepare the team for an expedition heading out to Truk (Chuuk) Lagoon later in the year. Truk is a wreck divers dream, so the team will be focusing on gaining their PADI Wreck Diving Speciality, but Depththerapy wanted to also take every opportunity to foster an interest in, and love of, the marine environment. This is where CCC comes in! Tom will take six Depththerapy members through a coral reef surveying and conservation course, assisted by PADI staff Instructor, Howard Payne. The five-day course will focus on species ID and basic underwater survey techniques so that they will be able to build an appreciation for the marine species seen.

We can't wait to dive in and start training! Be sure to stay up to date with how Tom gets on via [Twitter](#), [Facebook](#) and [Instagram](#)!



The cleaning crew with CCC staff members, PS - Chelsea Waters and SO - Maisy Fuller, looking tired but happy after a great day's work!

Coral Cay Conservation

Anyone who has seen the [heart-breaking video](#) recently taken off Bali's coast, of a plastic strewn dive, knows that we all need to take action to reduce the amount of pollution that is making its way into our oceans. Our [Coral Cay Conservation Philippines](#) team regularly carry out beach cleans on our local coastline, and also organise larger scale events encouraging the local community to get involved. On Saturday, the team headed over to Barangay Tuno to hold a clean-up of the local beach.

March is fire prevention month in the Philippines so the locals also took the opportunity to collect leaves and driftwood and hold a controlled burn. A fantastic 49 people took part, and alongside the local community and Barangay Captain Hon. Ricardo Galvez, there were representatives from the Philippine National Police, The Army Reserve Command, and the Bureau of Fire Protection. Approximately 40 kilos of rubbish was removed from Barangay Tuno's shores, and the team took the opportunity to sweeten the deal whereby anyone who collected 15 pieces of rubbish could practise breathing underwater with the bubble tank, this proved to be particularly popular amongst the policemen!

Although efforts have been made to encourage visitors to use the bins available on the beach there are still lots of day visitors that don't bother. This can be really frustrating to see, but if the local's fantastic efforts on Saturday are anything to go by we are sure, with education and consistent reinforcement, they will effect a positive change in behaviour.



Ian Forbes takes some time to chat to the wonderful June Brown.

Recent Events

How's this photo for a keepsake?! Our Company Manager, Ian Forbes, recently had the pleasure of getting to know one of the greats of UK TV, June Brown (Dot Cotton, EastEnders), when he headed out to Sardinia to provide medical and safety support for the ITV series "[100 Years Younger in 21 Days](#)". This four-part series follows eight celebrities as they attempt to stop the clock on the ageing process through healthy living and some rather eye watering treatments, from snail facials to coffee enemas. Rather than us we think! The aim, to lose a collective 100 years from their face, body and brain over a period of 21 days.

Sardinia was chosen due to it being home to the oldest population in the world, with the highest percentage of people living to 100 and beyond. June Brown, Roy Walker, Sid Owen, Claire King, Sherrie Hewson, Shaun Ryder, Russell Grant and Sandra Martin all took part.

Ian isn't one for sitting around, so it wasn't long before the TV crew got him involved in a number of other roles on site, such as providing swimming lessons to a few members of the team. With such a range of ages on the show, 46 - 91, it was sometimes a challenge to find someone of a similar age for comparison. So, Ian stepped up and competed against Sid Owen in the exercise challenges.

Some of the treatments used may be rather questionable but if we've learnt anything from this show it's that attitude is everything, and if we can have the same sense of humour and tenacity as June at 91 I reckon we're doing alright!

Future Events



We are very excited to announce that [Adventure Lifesigns](#)' new venture the [ADUR](#) Outdoor Activity Centre, in Brighton, will be holding climbing taster sessions for all you aspiring rock climbers this coming weekend! The 10-metre wall is the perfect introduction to this sport, but with 40 odd routes for top-roping or leading possible, and some slight overhangs, we are sure it will present a challenge for the more seasoned climber too. We are right in the middle of the Easter holidays so why not bring the kids along and get them to climb off some of that endless energy?!

Offer of the Quarter

We are feeling extra generous this month so to ensure no one misses out we are pleased to be able to shout about two Special Offers!

Anyone who [books on](#) for (at least) a four-week Coral Cay Conservation expedition in April, and mentions 'Newsletter - April 2018' on the booking form will get their PADI Rescue Course training for free! This course is a vital step in your journey to scuba proficiency, designed to teach you how to look after other divers and make you more aware of the safety aspects associated with diving.

Terms & Conditions: Offer applies to Coral Cay Conservation Philippine expeditions only. Expedition start date must take place within 2018. Offer can only be redeemed until the 31st April 2018. Offer is only redeemable through the mention of 'Newsletter - April 2018' on the booking form. Offer redeemable on bookings of at least 4 weeks only. Offer applies to course training only, manual and PIC not included. Offer cannot be combined with any other offer. Offer subject to availability. This offer has no monetary value and no cash or product alternative will be offered. This offer does not guarantee certification, students will be expected to successfully complete all required theoretical and practical elements. Usual CCC expedition [Terms and Conditions](#) apply.

Our second offer is coming to you from [Medical Lifesigns](#). We are giving 10% off our upcoming [Expedition Care Programme](#) (ECP) one and two day course, taking place at our Head Office in Surrey, on the 14th - 15th April.

ECP Explorer one day course - 14th April 2018 - £75 + VAT

ECP Exploration two day course - 14th - 15th April - £110 + VAT

Just contact our UK Operations Coordinator, Pauline, at ukoperations@lifesignsgroup.co.uk / 01483 810785 for more details, and don't forget to quote 'Newsletter - April 2018'.

Terms & Conditions: Offer applies to the 14th - 15th April ECP course only. Offer can be redeemed on either the one or two-day course. Offer is only redeemable at time of booking and cannot be combined with any other offer. Offer subject to availability. This offer has no monetary value and no cash or product alternative will be offered. Usual Terms and Conditions apply.

Remember to follow us on [Facebook](#), [Instagram](#) and [Twitter](#) for regular updates, and tag us at [#coralcayconservation](#) to let us know what you are doing to help our planet!



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